

MotherToBaby is a joint effort of the Utah Department of Health and the University of Utah Health Sciences Center. MotherToBaby has been providing pregnancy information and education to women, families, and health care providers for more than 30 years.

## HOW TO REACH US

### MotherToBaby Phone Numbers

Salt Lake Area (801) 328-2229  
Outside Salt Lake 1-800-822-2229

### Web Site

[www.mothersbabyut.org](http://www.mothersbabyut.org)

Follow us on Facebook and Twitter.



**ALL CALLS ARE CONFIDENTIAL**

MotherToBaby | 3760 South Highland Drive | Salt Lake City, Utah 84106



**MotherToBaby UTAH**  
also known as **Pregnancy Risk Line**



**GET ANSWERS** about Medicines and other Exposures  
during Pregnancy and Breastfeeding



## WHAT IS MOTHERTOBABY UTAH?

WHAT

MotherToBaby provides valuable information to women who are pregnant, considering becoming pregnant, or are breastfeeding as well as to health care providers. This free, private, and easy-to-use telephone information service answers questions about medicines, drugs, alcohol, chemicals, and other environmental exposures that can potentially harm an embryo, fetus, or infant.



### FOR EXAMPLE

- *Is the medicine my doctor gave me OK to take while I'm pregnant or breastfeeding?*
- *I'm sick and pregnant - what are the risks to my baby?*
- *How do I handle chemicals and paints while I'm pregnant or breastfeeding?*



The mission of MotherToBaby is to offer accurate, timely, and confidential information that will help you avoid problems caused by

- *Medicines you have recently taken, are currently taking, or plan to take*
- *Chemicals you may be exposed to*
- *Chronic health conditions*
- *Alcohol, tobacco, and other substances of abuse*



## WHO WILL I TALK TO WHEN I CALL MOTHERTOBABY?

WHO

You will talk to a staff member who is knowledgeable about medicines, chemicals, and other exposures that can cause pregnancy problems or birth defects. MotherToBaby staff also advise women and their health care providers about the effects of exposures on the breastfed baby and the possible impact on breast milk production.

MotherToBaby staff and our medical consultants have many years of experience in the health care field.



## WHEN CAN I CALL MOTHERTOBABY?

WHEN

Staff at MotherToBaby can take your call during regular business hours, Monday through Friday from 8 a.m. to 5 p.m. We are closed on national holidays as well as Utah holidays.

TRANSLATION SERVICES ARE AVAILABLE.

